




MICHAEL THRASOU


Project Manager – Civil Engineer – Trainer

CONTACT INFORMATION

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PROFESSIONAL MEMBERSHIPS & LICENCES

- Cyprus Scientific and Technical Chamber (ETEK), October 2006
- Project Management Institute (PMI), December 2017
- Project Management Institute (PMI) - Cyprus Charter, December 2017
- Chartered Management Institute (CMI), 2017 - 2021
- Building Contractor's License C' Class, Council for Registration & Control of Contractors (not active), 2013

LANGUAGES

- Greek: Mother tongue
- English: Fluent (Mother tongue)

COMPUTER SKILLS

- Microsoft Office (Word, Excel, Project, Outlook, Power Point)
- AutoCAD • Mathcad • Rigid
- SP Vak (Structural Programme)
- SPSS (statistical analysis)
- Primavera (basic) • K2 (surveys)

PROFESSIONAL AWARD

Health & Safety "Certificate of Achievement" (Bechtel / GasCo) for working without Lost Time Accident at the OGD III Project, Abu Dhabi. Personally awarded for the OGD III Main Control Building Site for the standard of Health and Safety procedures

ABOUT

A dedicated and driven professional with a successful career in delivering projects and operational business through thorough planning and management. Possesses excellent interpersonal, communication and negotiation skills and the ability to develop and maintain mutually beneficial relationships. Enjoys being part of, as well as leading, managing, training and motivating successful and productive teams, and thrives under pressure and challenging working environments.

EDUCATION

- **MEng Civil Engineering (MCEng)**
Aristotle University of Thessaloniki (AUTH), Greece
- **MSc Business Management (MBM)**, PMI Scholarship
Cyprus International Institute of Management (CIIM), Cyprus
Distinction: Dean's prize for Highest GPA, class of 2020
- **Diploma Strategic Leadership and Management (Level 7)**
Chartered Management Institute (CMI), UK

QUALIFICATIONS & CERTIFICATIONS

- **Project Management Professional (PMP)**
Project Management Institute (PMI), July 2019
- **PRINCE2® Registered Practitioner (PeopleCert approved trainer)**
Office of Government Commerce (OGC), UK. May '11 / Dec '20 / Dec '23
- **Agile Scrum Foundation**
EXIN, March 2020
- **Certificate in Strategic Leadership and Management (Level 7)**
Chartered Management Institute (CMI), February 2017
- **Managing Safely**
Institution of Occupational Safety and Health (IOSH), Nov 2017
- **ISO 9001:2008 Auditor/Lead Auditor**
Procedure Management Certification, September 2011
- **Certified Trainer CYQF/EQF5 (level 5)**
HRDA, April 2020
- **Certified Coach & Mentor**
ongoing, expected completion Q4 2025

Further to the above, attended many conferences and seminars mainly, but not exclusively, on subjects in the following categories:

- (i) Project Management, (ii) Leadership and Management, (iii) Construction (processes, law/legal, technical), (iv) Health & Safety*

CIVIL SERVICE GRADES

Officer of the Special Forces in the Cyprus Army (07/1994-09/1996).

INTERESTS AND ACTIVITIES

Music: Royal Academy of Music (UK): Piano: Grade 7 & Theory of Music: Grade 5
Futsal: Founder of "Pegasos Athletic Club", 2003. President (6 years) and player (3 seasons). Attended FIFA futsal coaching course by Vic Hermans, May 2005

WORK/PROFESSIONAL EXPERIENCE

02/2022 - present: Attune Management Consulting Ltd. Nicosia, Cyprus. Founder & CEO. info@attunemc.com

Since 2024 the company expanded its services in project management & consulting for the construction industry. **Projects (construction)** include (ongoing and completed):

- **Bank of Cyprus** new central offices, Nicosia. Currently at the design stage.
- **Bank of Cyprus** branches renovation projects, Nicosia - Limassol - Larnaca - Paphos. Completed and ongoing projects.
- **UNIC (University of Nicosia)**, new Medical Building. Currently at the tendering stage.
- **Zorbas** factory projects (biological treatment plant, basement renovation & expansion, etc.). Under construction.
- **Zorbas** New Distribution Centre & new production line. Currently at the design stage.
- **Med High Private school** new (full) facilities, Larnaca. Currently at the design stage.
- **Apollonio private hospital**, Nicosia. Renovations & new departments projects. Completed and ongoing projects.
- **Xenios building**, Nicosia. Renovation of the 7-storey building. Currently at the design stage.
- **Large private residence**, Nicosia. Currently under construction.
- **F&B - Larnaca & Paphos airports**. Renovation projects. Currently at the design stage.
- **Costa Coffee**. Branches renovation projects. Currently at the design stage.

The company offers **training** (HRDA certified) in topics related to PM, Leadership & Management.

Training associates: European Institute Management & Finance (EIMF), New Horizons, Pedio Gnosis, ACE Training.

Trained clients include: KPMG, Logicom, Cyprus Architects Association, Cyprus Association of Civil Engineers, Cyprus Research and Innovation Foundation, bbk, Comodule (Estonia), Intrum (Greece), Verston (Estonia) Cyprus PWD.

09/2019 – 07/2024: MDA Cyprus LLC. Cyprus.

Senior Project Manager - Department Head: Established the PM department, managed a number of large projects, created a PMO and arranged/provide relevant training to member staff.

- **Projects included:** *Ayia Napa Marina* - QS/CC Team Leader, *Symbol Residences* Limassol, *Gordian* relocation project.

07/2013 - 06/2019: Commonwealth War Graves Commission (CWGC), Mediterranean Area. Cyprus. CWGC (UK MOD) is a global organization that commemorates the 1.7 million men and women of the Commonwealth forces who died in the two World Wars at 23,000 location in more than 150 countries.

Works Manager: Manager for 17 countries in Europe and the Middle East, about 200 sites. *Scope of work:*

- *Project Management (about 30 small to medium projects per year in various countries, local team support)*
- *PMO (Team member for establishing a central Project Management Office for the organization)*
- *Surveys and site inspections (cycle maintenance plan, teams work schedule).*
- *Operations, Finance and H&S functions and procedures (team training, budgets, forecasts).*

2010 - 2013: MT Infinity Designs. Nicosia, Cyprus.

Founder, Director and co-owner: The company provided structural design and consultation. Projects completed included office buildings, shopping centre and residential buildings.

2008 - present: Freelance Activities. Cyprus.

Scientific Associate with “C. T. Geoservices Ltd” in environmental impact studies for quarries. Completed more than 80 projects (2008-2025) and continually provide annual reporting services.

01/2007 - 03/2013: HASSAPIS LAND DEVELOPERS (Hassapis Holdings Ltd). Larnaca, Cyprus.

Project Manager: responsibilities included feasibility studies, Project Management, H&S procedures.

- Oct '11 - Mar '13: “UCLan Cyprus” (University of Central Lancashire). **Contract Value 12m €.**
- Dec '11 - Jul '12: “Kimonas: Commercial - Residential - Hotel”. Owners’ consultant.
- Jun '10 - Mar '13: “Meadows Mountain Villas. **Contract Value 3.5m €.**
- Jan '09 - Jul '10: “Cyprus Gardens” resort. **Final Account (construction) 6.1m €.**
- Jun '08 - May '10: “Pyla Gardens” resort. **Final Account (construction) 6.2m €.**

Civil Engineer - Assistant Project Manager

- Jan '07 - Oct '08: “Regal Gardens” resort. **Final Account (construction) 8.7m €.**
- Jan '07 - Oct '08: “Majestic Gardens” resort. **Final Account (construction) 12.3m €.**

09/2005 - 10/2006: J&P (overseas) (JOANNOU & PARASKEVAIDES). United Arab Emirates.

Site / Section Engineer

- Aug '06 - Oct '06: “Emirates Holidays Building”, Sheikh Zayed Road, Dubai. A 10-storey extension building. Client: Emirates Airlines / Emirates Holidays.
- Oct '05 - Feb '06: “J&P accommodation camp”, Habshan, Abu Dhabi. Fully accountable for the design and carry out of all works for the company’s camp (600 people).
- Sep '05 - Aug '06: “OGD III Main Control Building”, Abu Dhabi. Onshore Gas Development Phase III, subcontractors to Bechtel, client GasCo. **Contract Value 110m AED (30m US\$).**

03/2003 – 09/2005: THRASSOU BROS & ASSOCIATES - Architects & Civil Engineers. Nicosia, Cyprus.

Civil Engineer - Assistant Structural Designer